



COMITÉ NACIONAL ANTIDOPAJE (CNA/MEX-NADO)

Informe de Actividades
Primer trimestre 2024

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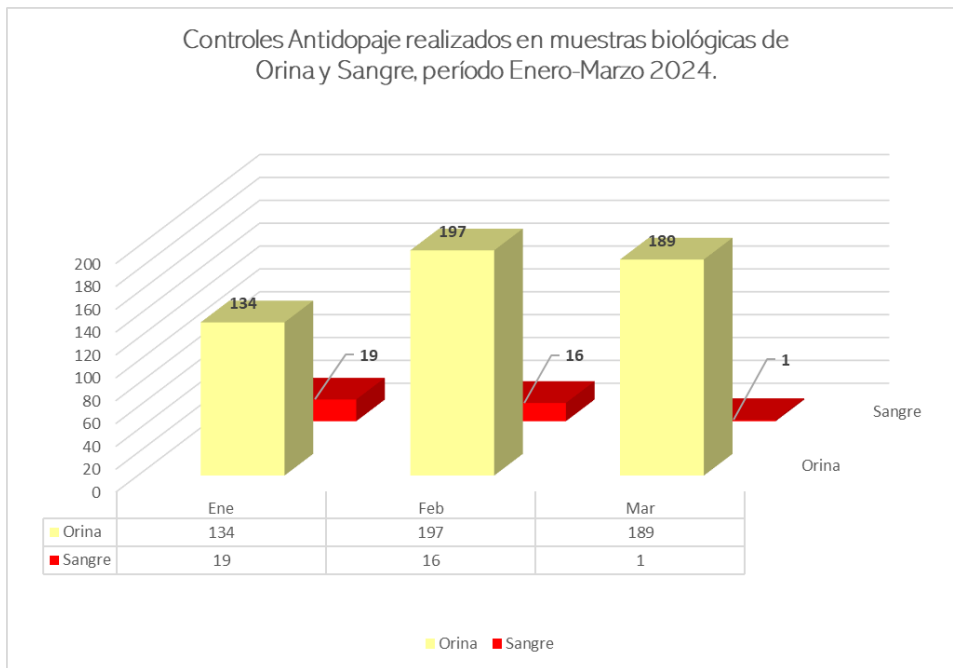
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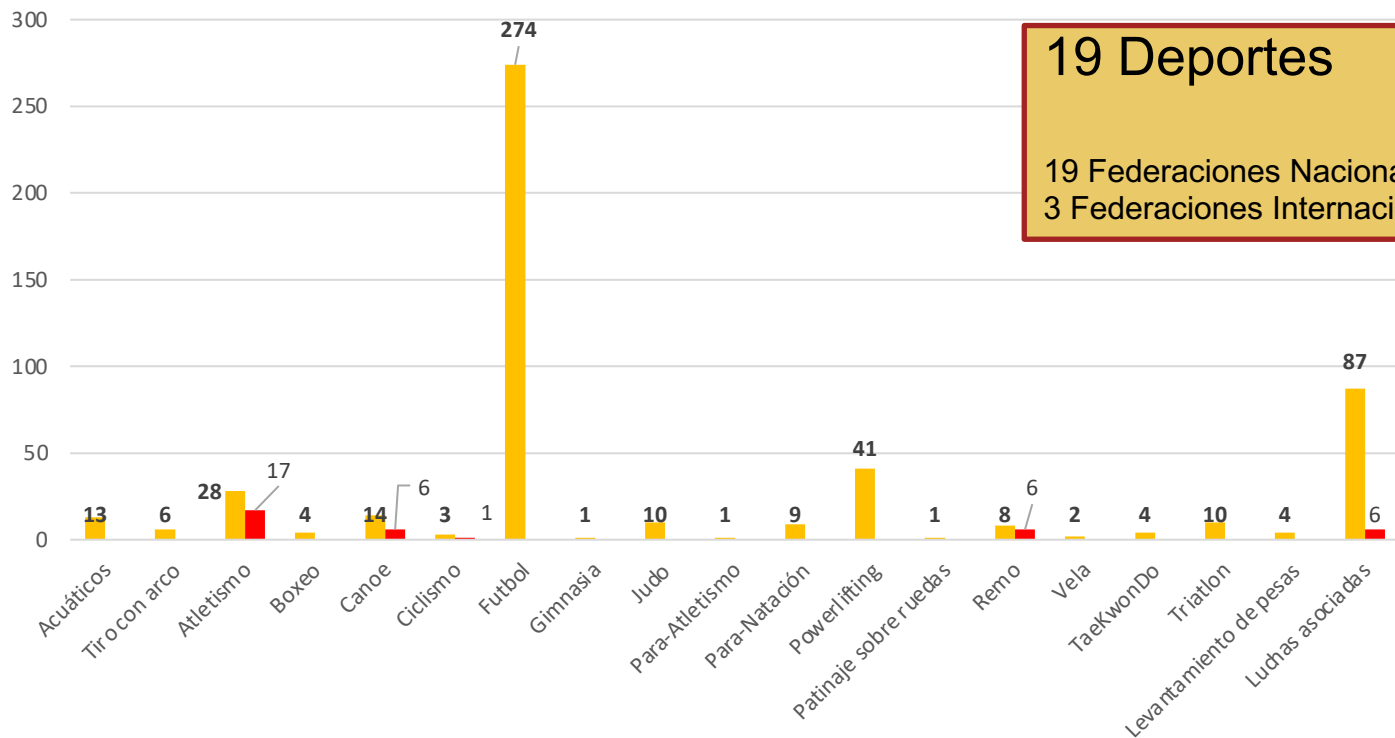


Controles realizados por el CNA

- TOTAL **556**
- **ORINA 520**
- **SANGRE 36**

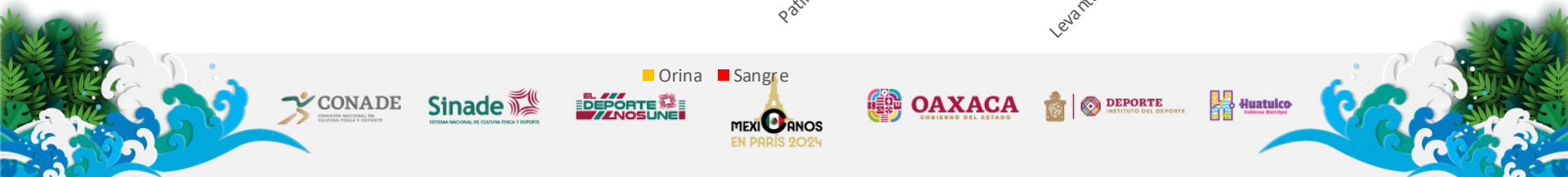


Controles realizados por Deporte

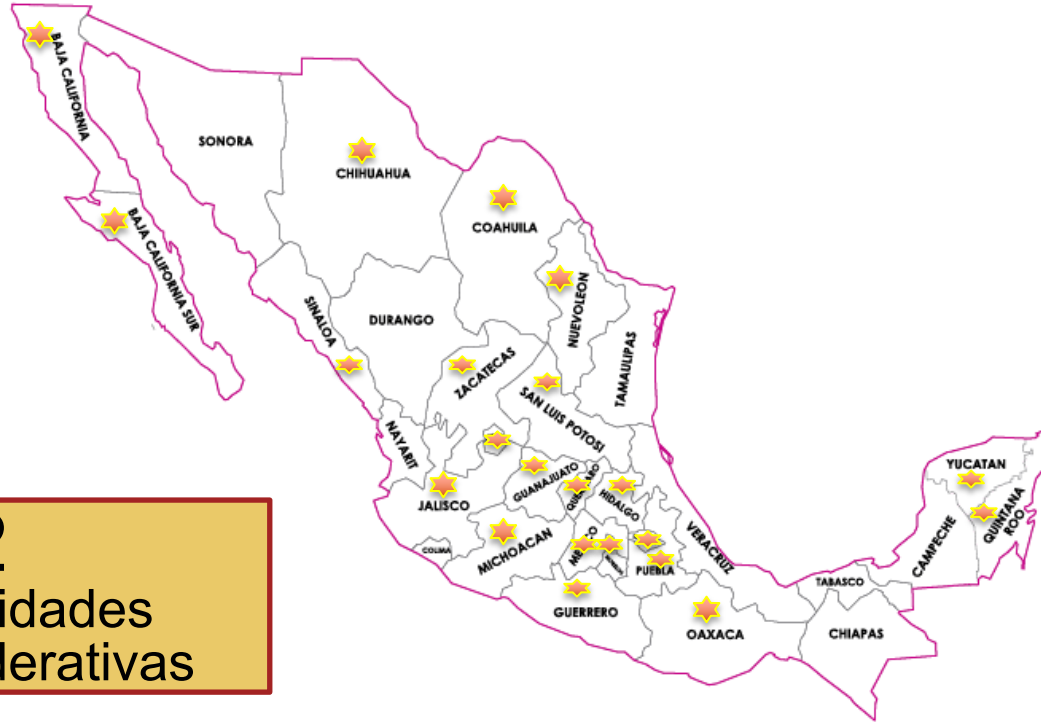


19 Deportes
 19 Federaciones Nacionales
 3 Federaciones Internacionales

■ Orina ■ Sangre



Controles realizados por Entidad Federativa



22
Entidades
Federativas

Estados	No. Controles
Aguascalientes	57
Baja California	12
Baja California Sur	8
Cd México	180
Chihuahua	4
Coahuila	18
Edo. México	17
Guanajuato	12
Guerrero	92
Hidalgo	13
Jalisco	57
Michoacán	8
Nuevo León	13
Oaxaca	8
Puebla	8
Querétaro	12
Quintana Roo	4
San Luis Potosí	4
Sinaloa	12
Tlaxcala	4
Yucatán	9
Zacatecas	4
Total general	556

Autorización de Uso Terapéutico (AUT)

16 Solicitudes

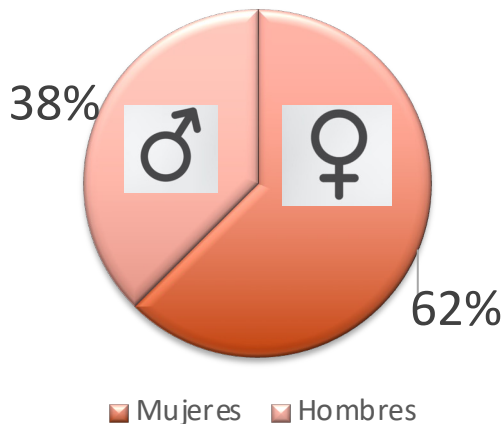
6 Solicitudes Aprobadas

2 Solicitudes
Rechazadas

5 No necesarias

3 En investigación

8
Deportes



Badminton	1
Canotaje *	1
Fútbol	9
Handball	1
Gimnasia Rítmica *	1
Remo*	1
Rugby	1
Softball	1
Total general	16

	Total de Controles	Resultados Adversos	Resultados Atípicos
2019	2,836	20	32
2020	818	8	16
2021	1,880	12	12
2022	2,577	36	32
2023	3,562	16	17
2024	556	1	10



Gestión de Resultados

12 Analíticos
Adversos (RAA)

10 Deportes

10 Sustancias

Deporte	Sustancia	Género
Remo	Glucocorticoide	Femenino
Powerlifting	Clomifeno, tamoxifeno	Masculino
Powerlifting	Salbutamol	Masculino
Atletismo	Cocaína	Femenino
Softbol	Diurético	Masculino
Judo	Diuréticos	Masculino
Halterofilia	Heptaminol	Masculino
Halterofilia	Diurético	Masculino
Hockey	Clenbuterol	Femenino
Lucha	Diurético	Masculino
Natación	Anfetamina	Femenino
Fútbol	19-Norandrosterona	Masculino

9 Atípicos a
Clenbuterol

4 Deportes

DEPORTE	GÉNERO
Para-Remo	Masculino
Judo	Masculino
Fútbol	Masculino
Fútbol	Femenino
Fútbol	Masculino
Fútbol	Masculino
Fútbol	Femenino
Fútbol	Femenino
Fútbol de Playa	Masculino

Educación Antidopaje



Capacitaciones y Actividades Educativas Impartidas

250 Personas

Capacitadas

4 Eventos Nacionales

NOMBRE DEL EVENTO	PUBLICO	ASISTENTES	UBICACION
Seminario Antidopaje INDERQ	23 de Enero 2024	50	QUERETARO
Seminario Antidopaje en Taekwondo	23 de Enero 2024	60	PUEBLA
Curso de Preparación para Nacionales CONADE 2024	23 de Febrero 2024	90	LEON GUANAJUATO
Congreso Federado del Deporte Baja California	1 y 2 de Marzo 2024	50	BAJA CALIFORNIA
Total, de personas capacitadas		250	



Galería Fotográfica



Galería Fotográfica



Simposio de Educación WADA



Montreal
22 January 2024

Dr. Paulina De La Loza Mora and Mrs. Rosa Estela Esquivel García
Comité Nacional Antidopaje de México

Invitation to share education initiatives at the "ADO Show and Tell" session

Dear Dr. Paulina De La Loza Mora and Mrs. Rosa Estela Esquivel García,

In the spirit of collaboration, and in response to the request to learn from fellow ADOs' experience, there will be an opportunity for participants to share their education activities and initiatives during a dedicated "ADO Show and Tell" session prior to the opening of the 4th Global Education Conference (GEC).

We have noted your submission and would like to invite you to share your proposed education activity or initiative during this session to be held on **February 27, 2024, from 16:00 to 18:00 at the Hilton Canopy in Cannes, France.**

The ADO Show and Tell will be set up in "exhibition style" where selected ADOs will be stationed in one large room, each having their own "booth" for their presentation or activity. Delegates attending this session will be free to join any booth of their choosing for a maximum of 20 minutes. After 20 minutes, delegates will be invited to move on and join another booth, rotating until the session ends. This means that your presentation should be **20 minutes long or shorter.**

We encourage you to present your education activity or initiative in an interactive way that will engage your audience and allow them to participate. Please note that delegates will not be seated during your presentation so the more opportunity you provide them to move and be involved, the better. Please also allow a couple of minutes at the end of your presentation for questions or comments. These should be included within the 20 minutes.

You will be able to set up your booth between 15:30-16:00. A high cocktail table and one stool will be provided to you. Please note that screens and other forms of technology will not be included with your booth, but you are welcome to inquire about the availability and cost of renting such equipment directly with the hotel. Any such rental agreements will be between yourself (your organization) and the hotel venue directly.

Lastly, your participation in the ADO Show and Tell is due to the relevance of your submission in line with the anticipated areas of interest of the delegates. WADA is not endorsing any such activity nor promoting any activity at this time. Both WADA and our hosts AFLD are simply providing an opportunity

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Bureau: 1100, Boulevard d'Outremont 1427 (Candace) | F +1 514 954 9601



for ADOs to share their experience as an additional feature of the series of events to be held in connection with the 2024 GEC.

Please let us know if you remain interested in presenting and sharing your initiative at the ADO Show and Tell by January 31st. Should you have any questions, please do not hesitate to contact Eva Erle at eva.erle@wada-ama.org.

Yours sincerely,

Amanda Hudson
Director, Education, WADA
Cc: Erika Amilano, Assistant, Education

Catherine Coley
Director, Education and Prevention, AFLD
Agence française de lutte contre le
dopage

Canes, Francia 27-29 de febrero

World Anti-Doping Agency

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MEX-NADO recibe invitación de WADA para exponer en el Simposio Mundial de Educación de WADA, la estrategia implementada por el gobierno mexicano para alcanzar altos números de personas capacitadas mediante la plataforma ADEL

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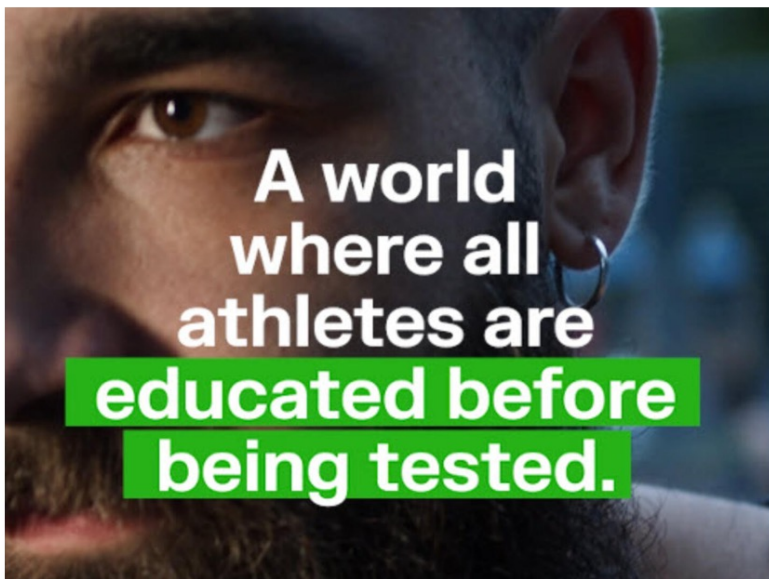
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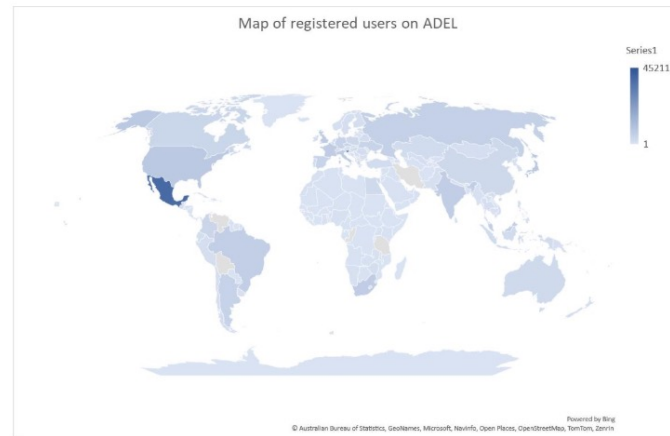
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WADA Publica los reportes de ADEL



- Number of countries that had a substantial growth in users
- In 2022, 61 countries had over 500 registered users; by 2023, 89 countries had over 500 registered users on ADEL with Slovenia's user base doubling (45,200), Mexico's (38,500) users five times larger and Japan's users (8,500) three times larger than it was in 2022.



El Comité Nacional Antidopaje de CONADE estuvo representado por la Dra. Paulina De la Loza y la Dra. Rosa Estela Esquivel

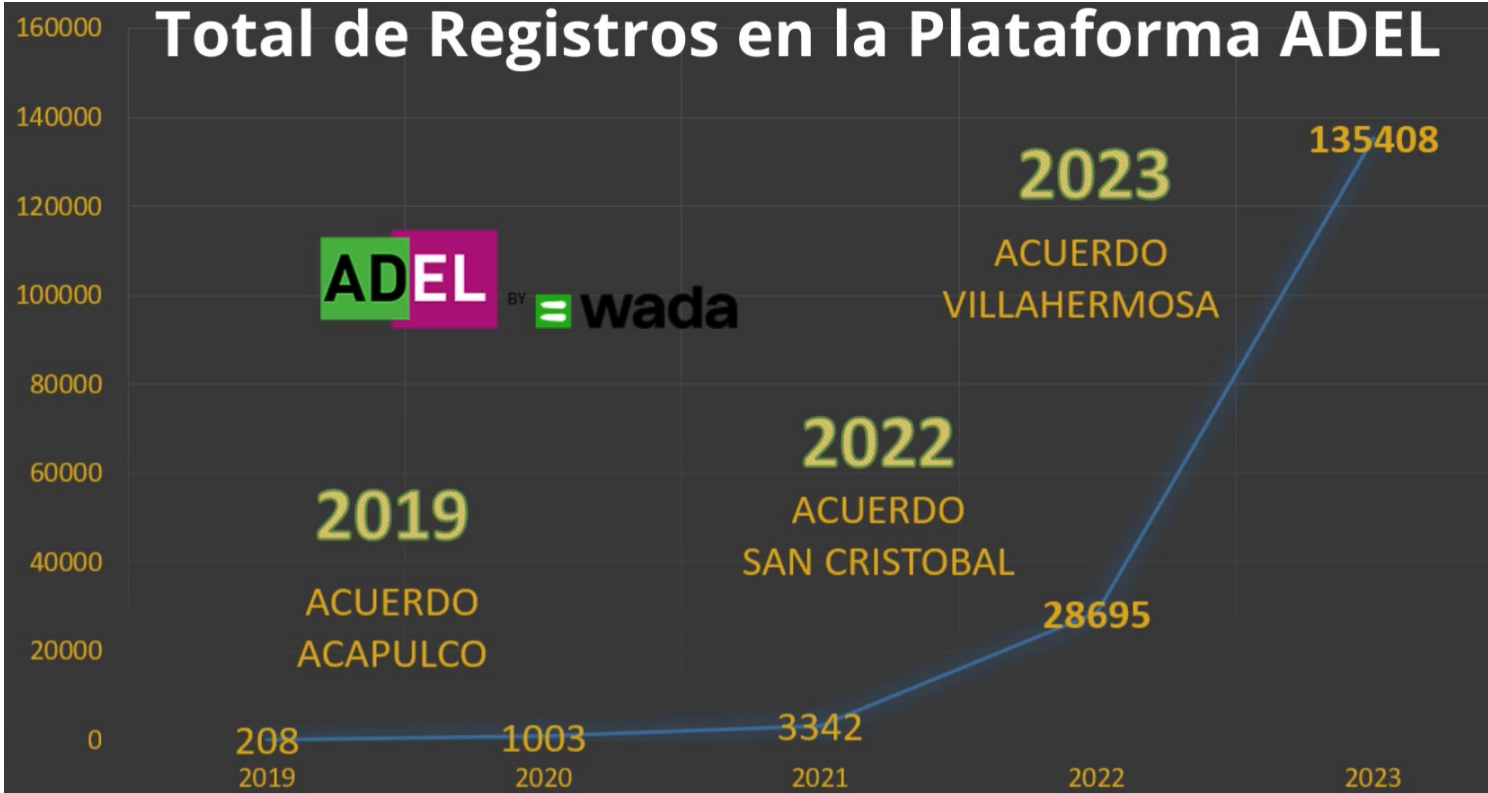




ADEL	
2019	208
2020	1003
2021	3342
2022	28695
2023	135408
2024	238163



Total de Registros en la Plataforma ADEL

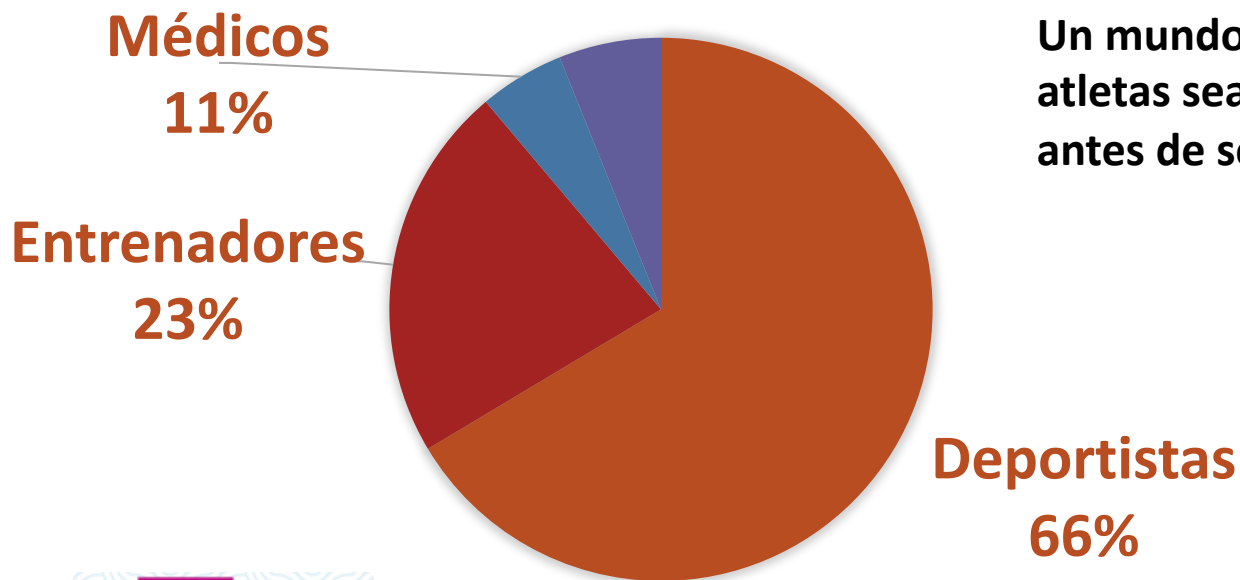


238,163

Registros
actuales



Registros ADEL por grupos objetivo



Un mundo en el que los atletas sean educados antes de ser testados



**19 de
Abril**

**Día del
juego
Limpio**

